



NEW YORK INSTITUTE OF TECHNOLOGY

Internship Evaluation

Student Name: Sonia Trim

Semester:

Fall

Spring

Year: 2026

Instructor: NYIT

Site: MHC/EPG

Term:

Mid-term

Final

To the Site Supervisor: Please meet with your supervisee at the midpoint and the end of each semester of the practicum or internship to assess and discuss their skill development to date. Please sign and date this form and keep a copy for your records. The practicum student/intern will turn in the original to New York Tech.

Target= skill level is at or above where their skill level needs to be a competent professional counselor.

Acceptable= skill level is appropriate for their level as a practicum/internship student, but still needs to grow to become competent as a professional counselor.

Needs Improvement= skill level is below expectations for their level as a practicum/internship student.

| Candidate Skills: | Target | Acceptable | Needs Improvement | NA |
|--|---------------------------------------|----------------------------|----------------------------|-----------------------------|
| Demonstrate the ability to effectively establish therapeutic relationships with clients. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Provides effective individual counseling. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Provides effective group counseling. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates effective interpersonal communication skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates effective individual counseling skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates effective group counseling skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Maintain professional boundaries with clients. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrate multicultural counseling | | | | |

| | | | | |
|---|---------------------------------------|----------------------------|----------------------------|-----------------------------|
| competencies. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates knowledge of the ACA ethical/legal standards for counseling. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates an awareness of their own beliefs, values, and areas for growth. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates openness to feedback. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Shows efforts to incorporate feedback received to improve themselves. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates effective writing, verbal and presentation skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Works collaboratively to create a safe and respectful space. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates appropriate organizational & planning skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Meets expectations in assigned work. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates active listening skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Takes responsibility to address their deficiencies. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Provides only those services that they are qualified by education and training. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Candidate Behaviors: | Target | Acceptable | Needs Improvement | NA |
| Demonstrates advocacy skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Establishes rapport with clients. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates leadership skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates a social justice orientation. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Uses good judgment. | | | | |

| | | | | |
|---|---------------------------------------|----------------------------|----------------------------|-----------------------------|
| | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Complies with state, federal mandates. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Interacts effectively with clients. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Interacts effectively with colleagues. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Interacts effectively with supervisors. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Demonstrates ethical behavior. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Promotes respect for diversity. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Accepts and learns from feedback. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Uses teaming and collaboration skills. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Can self-critique and evaluate effectiveness. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Understands the consultation process. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |
| Uses technology effectively. | <input checked="" type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 | <input type="checkbox"/> NA |

Comments:

Sonia is an effective and valuable counselor. It's hard to even adequately put into words how wonderful she works as a team, with her clients, in groups and advocating for mental health. She is an asset to the field.

Student's strengths:

Time management despite her own life stressors is stellar , her rapport is unmatched , writing skills strong

Student's areas of growth needed:

I think the only thing is she doesn't realize how great she is and has imposter syndrome about being impactful.

Signatures:

Anne Petraro

04/27/2026

Site Supervisor's Signature: Date

Sonia El Trini

05/04/2026

Student's Signature:

Date

Internship Instructor's Signature: Date